

accessrec.org.au

providing support for people with disability in the Rockhampton area

*Information and pricing correct as at 1/7/2019. Prices are subject to change upon release of NDIS Price Guide on 1/7/2020.



ADULTS

\$25.58

per session from your NDIS plan



9:00 am-10:00 am Tuesday



156 Berserker St
Nth Rockhampton

CHILDREN

\$25.58

per session from your NDIS plan

4:00 pm-5:00 pm Friday

During school term

100 Jardine Street
Rockhampton

enquiries@accessrec.org.au

MOVEMENT MATTERS

Dance and Movement Therapy

MMD&MT is a Dance and Movement Therapy program established for children and adults with a range of abilities.

Our goal is to provide an inclusive dance, movement and music program to individuals with disabilities, so they can increase their social engagement in their community and have access to the arts.

This program can assist with sensory integration, behavioural challenges and provide a natural setting for social skills and increased interaction with peers.

The program offers adaptive dance classes for children and adults with intellectual and physical disabilities.

Dance teacher, Miss Karlie, has trained both here in Australia and internationally and has over 25 years experience working with both neurotypical and neurodiverse children and adults.

Please note comfortable clothing that you can move in is recommended.



access the life **you want**

100 Jardine Street, Rockhampton
07 4922 7151

Many more programs and services available at accessrec.org.au