

## **ACCESS RECREATION INC. Position Description**

<b>POSITION TITLE</b>	Permanent Part-time Lifestyle Support Worker
<b>CLASSIFICATION</b>	Social, Community, Home Care and Disability Industry Award 2010
<b>LOCATION</b>	Rockhampton
<b>REPORTS TO</b>	Service Coordinator

### **GENERAL INFORMATION**

Access Recreation Inc. has provided quality supports to people with a disability since 1989. Access Recreation Inc. offers a wide range of services to people with a disability so they can lead more meaningful, independent and satisfying lives through the development of personal, leisure and social skills.

### **PURPOSE OF THE POSITION**

The Lifestyle Support Worker provides personalised, tailored support that actively promotes a balanced lifestyle. The emphasis is on developing skills to live independently through person centred support, participation in community activities which provide opportunities for the person to develop personal interests and relationships within their community.

The Lifestyle Support Worker will collaborate with the Service Coordinator, the participant and/or their carer to develop, implement and evaluate their personalised Individual Service Plan.

### **POSITION REQUIREMENTS**

Qualifications:	Cert III in Disability or equivalent is desirable
Experience:	Experience in working with adults and children with disabilities and/or maturity and life experience that would enable the participant to gain appropriate skills and experience
Essential:	Experience in Human Services or Community Services C Class driver's license ( <i>Not essential, but will limit the opportunity of work offered</i> ) Smartphone Good problem solving skills

Other:	Senior First-Aid Certificate or willing to obtain. Blue Card Positive notice – with Yellow DS Criminal History Screening exemption Willingness to use own vehicle with comprehensive third party insurance
--------	--

**KNOWLEDGE AND SKILLS**

- Experience working with and commitment to empowering people with a disability;
- Commitment to motivate people you support to achieve their goals, enabling them to participate in the community and increase their independence;
- Knowledge and skills in behaviour management and how to work with people with behaviours of concern;
- Confidence in making informed decisions which benefit the participant

**DUTIES OF POSITION:**

**Participants and Services**

- Engage and work with participants to achieve their individual goals, interests, and community connections;
- Work with participants to exercise choice and control as documented in their individual plan;
- Establish an environment that promotes individual decision making and contributes to personal growth and independence;
- Assist participants to develop and/or maintain increased skills for daily living;
- Provide appropriate supports that enable the participant to participate successfully in meaningful activities and relationships irrespective of the degree of disability or the presence of other impacting factors;
- The ability to effectively and appropriately respond to people who are distressed or agitated and the confidence to work with behaviours of concern;
- Transport participants to and from their residence to access leisure activities or general community.

### **Organisational Processes**

- Provide support to colleagues and volunteers as requested, and contribute to a positive work culture.
- Participate in professional development and staff training activities as requested.
- Attend and participate in Cluster and Peer Support meetings as required by the Service Coordinator.
- Ensure all daily notes and records relating to shifts are completed and received by the Service Coordinator.
- Follow published rosters and notify Roster Clerk of any changes or clashes to the roster.

### **Workplace Health and Safety**

- Follow the privacy and confidentiality policies of Access Recreation Inc.
- Hazards and incidents reported appropriately according to Access Recreation Inc. policies and procedures.
- Use safe manual handling techniques to ensure yourself and participant are safe at all times.
- Complete site risk assessments when required.

### **Other Responsibilities**

- Work effectively as an Access Recreation Inc. team member and display the values of Access Recreation Inc.
- When required, attend line management with Service Coordinator.
- Undertake other duties as required as directed from time to time.